

Interviewee: Natalie Maynard
Interviewer: Jamie Barth and Lynsey Jensen
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Abstract: Natalie Alice Atwood Maynard is an 82-year-old accomplished woman who was interviewed at her place of residence, The Eisenberg Assisted Living Center in Worcester, MA. Natalie grew up on a farm with her twin brother, older brother, older sister and parents in Medford, MA. Natalie attended school at Tufts University where she obtained her degree in women's physical education, and married her late husband, Herbert Maynard, the year she graduated college. Both Natalie and Herb worked at a school in West Boylston, until Natalie became pregnant with their first child. They bought a house in Princeton, Massachusetts and stayed there until all of the children were married and out of the house. In this interview, Natalie discusses her passion for learning and how she furthered her education while being a full-time mother. She also discusses the challenges she has faced with losing her loved ones, and how she has learned how to cope with depression.

LJ: Okay, so what is your full name, including both maiden name and married name if applicable?

NM: Well, it starts with Natalie and Alice is my mother's name. Atwood is a family name and Harlow is my father's name and it is now Maynard. So I am Natalie Harlow Maynard.

LJ: What a pretty name. So when were you born?

NM: I was born December 29, 1935 and I have a twin brother who was born five minutes after me so he's the same age as I am.

LJ: And where were you born?

NM: I was born in Somerville, Massachusetts, the hospital. We were living with my husband's family in Medford at the time I was born.

LJ: Okay. So have you ever married? I think we know the answer to that. If yes, what is the name of your husband?

NM: Herbert George Maynard.

LJ: And do you have any children?

NM: I have four daughters. Lisa, who is—do you want age or..

LJ: Sure if you want to give it to us.

NM: Lisa is was born in 1960 and she's presently 58. Linda was born in '62 and she's 56. Beth was born in '54 and she is 54 and Susan, the youngest, was born in 1958 and she is 50, just turned 50.

LJ: Do you have any grandchildren?

NM: I have six grandchildren. I can give you their names. Linda is the first one that had children. She had Eliza, I can't give you the age.

LJ: [Laughs] That's fine.

NM: Eliza, Nicholas, and Laura three, they're in their thirties right now. Beth is the next one Linda was the second daughter, the third daughter had two children and Beth had two. Phoebe and Alexander and they call him Xander.

LJ: That's cute.

NM: And the youngest one belongs to my oldest daughter, Lisa. And her name is Kiera. She's adopted from an Indian background. So she has an interesting life story.

LJ: That's really cool.

NM: Yeah.

LJ: Well the next question is, what cultures slash ethnicities do you identify with?

NM: I am a English right back to England because of the Mayflower. My relatives go right back to William Bradford and my husband's relatives go back to Myles Standish. So my children are really part of the Mayflower Family Association.

LJ: That's really cool.

NM: And I am still a member of the Harlow Family Association, which is 400 years old this year.

LJ: Wow, that's crazy. That's really cool. Okay. So could you tell me about your parents?

NM: My parents, well my mother I believe was married when she had my oldest sister who has since passed away just about a year ago.

LJ: I'm sorry.

NM: She was 10 years older than me and then I guess she must have divorced him. She ended up living with her mother in a gas station somewhere in Connecticut on some rural road in Connecticut. My father I guess then met my mother and married her and had three more children. My twin brother and I are the youngest and then a four years older brother and ten year older sister. I know I was born in Somerville at the hospital there, but we lived with my husband's family and they were Harlow's in Medford. My father's work was insurance and we went from there to Pawtucket, Rhode Island for a short while, probably about three or four years. And then for my father moved us to Orange, Connecticut and he opened an insurance business in Bilford the next town. We lived in big rural farmhouse with the barn and as children we belonged to [inaudible]. So we had, we each had animals to take care of chickens, sheep and a pig. I had the sheep and my older brother had the pig and my twin brother had the chickens [laughs] and at that point my oldest sister was married or had gone to college and was married and away from the home. So basically, the three of us, the younger children grew up together. Let's see. Anything more about my father and mother. My mother was just at home raising us. My grandmother on my mother's side stayed the summer months with us in Connecticut in this rural home and in the winter, she stayed with my aunt, my mother's sister, in Somerville on the third-floor walkup. I remember the hardest thing was my mother and I helping her get up and down the stairs when she was traveling between the houses. But once you got situated then she was all right for about six months. So that was our living as children and I spent a lot of time with both my mother and grandmother learning homemaking skills and needle crafts, knitting, crocheting, embroidering, sewing. My mother did a lot of sewing for us, particularly dresses for me. One thing that was interesting is that we saved all the grain bags from feeding the animals and the grain bags were colored cloths and my mother would take the grain bags and turn them into a dress for me to wear to school.

LJ: That's so cool, wow.

NM: Yeah. So that's very interesting. Instead of going out and buying clothes she was able to recycle those clothes for me. I'm trying to think what else—oh, I played mostly with my older brother. We had three acres of land and we just lived outdoors on the land. During the days there was a river, a stream down at the end, back end of the three acres. And my older brother and I would go down and build dams and swim in the water, not a lot of water, but we could at least get wet playing there. Father had a one-acre garden and we had as children had to help with taking care of the garden and helped my mother was putting the food up for the winter. I was primarily involved with that. So, we had a huge barn, which is where the animals lived, so if we weren't outdoors down in the back fields, then we were in the barn playing. So we had a good growing up.

JB: Yes. That's fun.

NM: [Laughs]. My father eventually retired and was just at home until he passed away first and then my mother, it wasn't shortly afterwards, a few years after that she passed away.

LJ: I'm sorry for your loss. Okay. What was your neighborhood like generally? We kind of answered that. So you weren't born in Worcester. When did you come here to Worcester?

NM: Well, actually I traveled a lot of different places. If I can keep going from Orange, I went to college at Tufts University—it was Boston School of Physical Education—and I trained to become a gym teacher, woman's gym teacher. And so I was hired in West Boylston at that point. I got married the year I graduated. My husband had one more year of school to become a music educator and when he graduated, he became a music teacher in West Boylston also. So the two of us work together there in West Boylston until I was pregnant with my first child and we bought a home in Princeton, which is not far away and raised the kids there, And we were there until they were all out of the house on their own or married. And let's see, at some point while all that was happening, I decided that I wanted to go to seminary, so I went to Andover Newton, which is also part of Tufts again. And I got my master's there in theology and became a minister and I worked at the United Church of Christ in Petersham. So my husband and I moved up to the Petersham parsonage and lived there for five or six years and he decided he really wanted his own home again. So, we moved into Athol, which is the next town to Petersham, and lived there until he passed away. I was continuing to travel to churches and serve other churches until he got ALS [amyotrophic lateral sclerosis]. And so I stopped working for a couple of years until he passed away. I stayed in Athol awhile, I don't know how long it was, but I think my children encouraged me to move close to Worcester and get into a type of residential community. So I bought a home in Rutland in a small senior development. It was a modular home and they bring the home in and set it down on uh foundation. I lived there probably another four or five years and did a lot of volunteering in Rutland, the library and the senior center, at the church, very involved with all those different groups. And it was the children who really encouraged me to get somewhere where I could live in community rather than just by myself in a house because it was very—you go home from whatever you've been doing and you're by yourself. Never have anyone to be with. So they investigated all the different assisted living places around the Worcester area and ended up talking me into coming here. [laughs] So I've been here four years.

LJ: Four years. Okay. That's nice. So do other family members live in the same area? Are they from around here?

NM: Well of the children...Lisa is out in Seattle, Washington.

LJ: Oh wow.

NM: She was out there a long time. I can't remember how many years, but I'd say 20, 30 years or so.

JB: Wow!

NM: Her story basically is interesting because she had a lot of different girlfriends going through college and beyond college she ended up living with a woman in Washington and they got married and then they had Kiera, they tried to get pregnant themselves, but neither one could get

pregnant. So this Indian woman had a baby at 15 and gave her to Lisa and Kathleen at birth. So they went to the hospital and took care of her from when she was ready to come home from birth. And so she's been in Seattle, Washington ever since.

LJ: Wow.

NM: I travel out probably once a year and spend a week or two with them. Usually they encourage me to go because I don't see that much of her, but we do talk on the phone. Linda lives in Holden the next town, she six minutes away and she actually manages a horse barn up in Westford about 40 to 50 horses there and she has to hire help to help her manage the barn and she has three grandsons. Her oldest daughter got married early, right from college and started having children right away. So they have three little boys, five, seven and 10 months. So that's our great, my great grandchildren. And no girls, all boys, and they live in Portsmouth, Rhode Island. And so when we have a family gathering, we usually end up down there because right now they have the biggest house. Beth lives in the house we raised them in in Princeton when we moved to the parsonage. We sold our house and they've been there ever since. They raised her two kids there. The sadness is that her husband got cancer, throat cancer and had to have his larynx removed and he was given a very bad diagnosis. So he's working hard to try to have some quality of life. They told them he had a year, but the potential is that he could live longer depending on the medication that he's taking right now. Beth primarily takes care of him, but she's the full time wage earner. She makes glass beads and she had a studio outside the house but she basically moved back to the house and has turned her house into a studio which has been really hard because the whole house become involved in the studio and so she makes and sells the beads as well as glass bead jewelry. She will make the jewelry. Her background is medical media, so she does a lot of also, media work for other people too. She just has to keep working to try to bring some income into the house. The youngest daughter is in West Roxbury and is—well she's like her oldest sister, she edits for TripAdvisor, the people sending their reviews and she edits them or now she has people editing them and she manages their work by checking their work. So she just keeps moving up a ladder.

LJ: That's awesome.

NM: She works out of her house as Lisa also works out of her house. Lisa also trained as an elder exercise person, so she's got two elder homes that she goes to, assisted living homes, and four days a week she's doing exercises with them. So she said she's the apple that doesn't fall because she has my background for that [laughter].

LJ: That's awesome.

JB: W
hat did you say your youngest daughter's name is?

NM: Susan.

JB: Susan. Thank you.

LJ: Okay. Let's see. What challenges do you think this city faces and what would you change about this city, if anything? The city of Worcester.

NM: Change about Worcester? Well I think they're redeveloping some of the older buildings. I would rather see them change the building, develop the building rather than to tear them down and put up new things. I think they're going to be redoing things, but like even a small part is taking a huge amount of land. Buildings will have to come down and the city from the time when I used to, when I lived in Princeton, we would come into Worcester, to shop on Main Street and we shop at Denholm's and the other stores along Main Street, but now there's no downtown, shopping. They're converting them all into housing and small coffee shops and small business, which hopefully little businesses will come in. But I guess whatever changes to try to make it more like a community.

LJ: Yeah, instead of just a city.

NM: To get to know the people around you. Yeah.

LJ: That makes sense. What changes have you seen in Worcester over time?

NM: Well, I mean shopping was fun in Worcester and we now don't do any of our shopping in Worcester. We end up going to Millbury or Spencer or West Boylston. I've seen over time churches have closed and may have converted to other businesses or been torn down. My daughter Linda's husband worked as a chef at NorthWorks and the whole NorthWorks closed and then at some point the whole place closed, but then they redeveloped so he lost his job over that. So as he's in his early sixties, late fifties, early sixties, and has to find work after your job is taken away from you.

LJ: Yeah, that's tough.

NM: So that's what I see a lot of people may have to replan their lives around losing jobs with the changes in Worcester.

LJ: What distinct characteristics make, Worcester the place that it is?

NM: I think to me it should be a friendly community. Even when you go into some of the coffee shops—my daughter in West Roxbury has come almost weekly. We'll go out for lunch, we'd go to some of the antique stores, so we go to different restaurants every time to try them, so I think they're opening new businesses and the hope is to be able to visit some of those places and hopefully that people will see changes in the community that are positive.

LJ: Yeah, for sure. Where did you attend school?

NM: Well, I was twice at Tufts University. I started out in elementary school in Orange High School in New Haven. We had to bus into New Haven, Connecticut and then I chose to go to Tufts for the physical education degree and then later to go back to Tufts to Andover Newton Theological School. So those are all the schools I have been to and I haven't gone to any since.

LJ: And what challenges did you face when you were in school?

NM: Challenges in school? I don't know. I loved studying, I loved learning. I loved reading. I can't believe a challenge really. I mean it was all, they were very, both schools were very positive experiences.

JB: That's great.

NM: I guess just getting there and back because when I the first went to Tufts, I had to walk from my aunt's house who lived in Somerville. I'd walk over the hill to Medford, so I was back and forth and then I would bus myself into Boston and waitress and I made what money I needed to have to live while I was going to college by being a waitress. Actually in the same restaurant my aunt worked at. She got me a job and in her restaurant. So the challenge would being able to keep school and part time work and traveling back and forth between those three places. Andover Newton, is, the distance from Orange to Medford because I had to travel every to every class back and forth. I didn't stay there because I still had a family at home.

LJ: Yeah.

NM: Yeah. The kids weren't really totally gone and I think some of them were still at the house when I went to Andover Newton but the drive back and forth is a challenge.

LJ: Yeah, I can imagine. What support networks and mentoring has been important to you, if any.

NM: Well I think the teachers in both of those colleges were strong mentors and they expected you to go to them if you had concerns because I lived at home or with my aunt. I would say I would depend on the teachers that were teaching me at the time to mentor me. If there was anyone that supported me in the family would be my grandmother through my college years because while I was going to school, she was at my aunt's house where I also lived. So, she had a good ear and she gave me some good advice at her age also.

LJ: That's, that's awesome.

JB: So going to ask you a few questions about your work history. I know you mentioned that you went to school for Physical Education. So what was your first job?

NM: My first job was the women's education in West Boylston. I started there. Herb had another year at Lowell State to finish up his music ed degree. So I was there three years for a

couple of years, we were together working, me in phys ed and he in music until I left to start having the children, and we actually moved into a home at that point.

LJ: So, I have a question. Did you ever face any challenges? Because I feel like physical education teachers are normally men. So did you ever have a problem because you were a woman?

NM: No, no. At that time there was no problem. There was a male phys ed teacher for the men, boys and a woman for the girls, but we kind of just worked together and some of the classes had some combined things, but there was no, I don't remember having any problems.

JB: That's great.

NM: The kids having any problems? I don't think I remember them. The male/female relationship or anything, no kids came to me with problems about that. It seemed like it was the way it used to be [laughter] kind of then the way it is now.

LJ: Very true.

NM: Yeah.

JB: How did you decide to do phys ed?

NM: I don't know. All the way through college I was interested, I wasn't involved in sports, but I was a tomboy from the time I was little. I enjoyed being outdoors and playing games outdoors and play in school.

JB: How did you decide to do phys-dd?

NM: I don't know. All the way through college I was interested. I wasn't involved in sports but I was a tomboy from the time I was little and I enjoyed being outdoors and playing games outdoors and in school we played games. Even through high school we had phys-ed classes and played, but I mean it was just I wanted to be able to do and be really active. And teach something that was active. And my favorite sport was swimming. Once I got into college I did it. It was not competitive. It was when you did just—I can't think of the word—what's the word when you it's not competition?

JB: Like club?

NM: Yeah. Well you are actually swimming and competing in the strokes. They test the strokes and there were people that were the best at side stroke, breast stroke, or front crawl or back crawl.. Well that's different. But we were learning to teach everything, you know? So we played all the different sports in college but we didn't play other schools it was pretty much just self contained.

JB: That's cool though! What other jobs have you had?

NM: Well, I babysat, I worked in restaurants a lot so I waitressed. I was a minister. What else have I done ([laugh])? Well I do a lot of hand crafts and sometimes I sell them at the Peterson's Craft Center. Or just independently, even still doing it here now. If someone here wants a teddy bear for their great grand-child or mittens for themselves or someone in their family they will usually come to me or if they have a button that needs to be sewed back so needle crafts I am still doing those.

LJ: That's awesome.

NM: Yeah. Well you know it's all sort of on the side.

JB: Wow, that's very cool! And, when your kids were young, what were your primary responsibilities in terms of housework and child care?

NM: Well basically making meals for the table, shopping. I made a lot of the kids' clothes and in the beginning they all had identical things right up until I remember a one-piece pant suit that for all the girls in the same color just in different sizes. They had red Christmas dresses and Easter dresses pastel colors. So I made a lot of their clothes and their dress up clothes I guess you could say.

JB: Yeah, That's fun though. How did you balance priorities and hobbies as well as being a mother and working in your life?

NM: [Pauses, laugh] I mean I just did it. I think my husband was very helpful at the time so I didn't have to deal with like arguments with him or disagreements with him because he was very easy going and the kids were kind and helpful I think whether I taught them or if they just grew up that way but we all seemed to get along very well so I don't or I didn't see that I had a hard time to manage everything. I managed the house well. And part of that is why I was able to make the decision about school and still do all that.

LJ: That's amazing. Props to you!

JB: Yeah, wow that is very impressive. So when you did go back to school and then worked in the church, what were the pros and cons of working in a church?

NM: Well, the positives are interacting with the parishioners either individually or as a group. I guess the con was working with trying to keep it financially secure. The church was not always secure because it was hard to balance budgets and keep everything else going, but when repairs needed to be done that was hard you know. Living in the parsonage became I guess a little hard because my husband had made the decision that he really wanted to live in his own home. So that was kind of a little upheaval for a while. So you know after we moved there we rented the

parsonage for a while and it was a huge home with a huge barn besides it so it was nice while we were there, but I can see why he wanted his own place. After leaving Princeton we moved into a lovely, fairly small two floor, four-bedroom house and then you know this parsonage had huge space in it. So you know maybe that was a little struggle in trying to make decisions in what to do with that and to stay or leave it.

JB: Yeah definitely. And how do you feel looking back now on the choices you made in your life and are you happy with where you are now?

NM: If I had both my brothers, I would rather be with a member of my family. But I know that each one of them has very full and busy lives. So, my job is to keep my life full and busy by myself instead of depending on any one of them to become the mother for me. They are there if I need them. They are a phone call away and they would all step up to the plate if I needed something but I really don't want to depend on them for my life either. So, it's interesting. I guess the biggest challenge is living here. I am still alone but I am with you know a whole community with people that I can interact with. We do a lot of games together. We do some of the different trips to places that they offer. So I still spend a lot of time with other people. I am called the puzzle master [laughs]. We have the puzzle on the desk in the library and then it's so confusing and it ended up on another table so there ended up with two puzzles up in the library for people to work on if they want to. [Laughs] So I kept pretty busy.

JB: Yeah it seems it! Good for you.

NM: I still do a lot of needle crafts. More kind of when I am in my room watching a movie or something like that. I read a lot. I love books. There is a book mobile that comes from the Worcester Library as well as this library usually has good books in it too. People bring with them or give to the library so I seem to keep myself occupied.

JB: Yes definitely.

LJ: Where are your brothers located?

NM: Oh, my brothers. My twin brother died before my husband did. He had cancer. My older brother has cancer, but he is surviving. He's in his 80's—his late eighties maybe? He is four years older than I am. But he and his wife travel between Florida and Milford, Connecticut. They have a home in both places. In fact, in their Florida home they also own the home across the street and they keep trying to invite me to come and stay at the home across the street, but part of me doesn't really want to stay in a home by myself somewhere.

LJ: Yeah, I get that.

NM: You know? But we try to get together once a year if not twice and it is usually when they are in between traveling back and forth.

JB: That's nice. Do you consider yourself active politically?

NM: Politically?

JB: Yes

NM: It's funny because I grew up Republican because my father and mother were Republican and you just kind of pick up their stuff when you are voting and stuff so I don't know but all of a sudden my view switched to a more Democratic side. So I have a daughter that just totally convinced me. I wanted to vote for the governor who is Republican because I really like him as a person, but I didn't like his party. So my daughter convinced me to vote straight Republican. I don't... I'm not actively working politically toward anything. But my youngest daughter, Susan, is the one that talks to me the most about it. And like the three ballot question she wanted to talk to me about those. And you know what she had decided about those and whether or not I had to make the same decision about them. Because I had felt one way and she was kind of talking to me about why she felt the other way. So before she got too mad, I swung over to her side [laughs].

JB: (Laughs). And have you been involved in volunteer or community work?

NM: Oh, I volunteer whenever they want someone for something.

JB: And what or where do you volunteer?

NM: If they had volunteer services here for us to do more, I would be the first in the line. But they don't go out in the community. I wish they did. I wish we could you know? But I do volunteer here when they need something here.

JB: Did you ever volunteer or were you involved in community work before coming here?

NM: Oh everywhere I was involved in volunteer work and the library, I was taking care of the children's books in Rutland for the four or five years I lived in Rutland, getting books back onto the shelves. One of the people here her daughter lives in Rutland and she takes her up there and they come back and they see me and they all want to see me when they come back you know? Because I spent a lot of time in the library and in the senior center. And I was not quite as active in the church as I used to be, and here I kind of feel more like I am not sure. I am not part of a church here because its a Jewish facility and the only thing is getting transportation to go to a church is really hard so if I had a choice I am leaning more and more toward the Unitarian and Universalist church. I do any theological study in my room. There is no group here to work with.

JB: Right. What role would you say religion has played in your life?

NM: A lot. I mean it was very supportive of me as a young child the different groups I was in and even the four years I was going to college we had a wonderful older youth group that was

older than high school. It was a senior youth group and between that and the choir is where I started singing, but in college I loved singing in the choir. I think I was really involved with a lot of things in all the churches that I moved through. I had to stop singing when I started preaching. I can't preach and sing at the same time [laughs]. So when I actually became actively involved in serving the church I did not sing in the choir anymore. It was a hard thing. It was a hard loss because I liked singing, but I couldn't do it [laughs].

LJ: So you grew up in the church basically?

NM: Absolutely. Always junior choir and senior choir.

LJ: I did that too.

NM: And youth groups. I mean anything that we were involved with. Even bake sales when my kids were young and there were always suppers at the church and things happening. I don't remember serving on a lot of committees. I'm not sure what I mean by that but there are committees that keep the church going and for some reason it was more before I went to Andover I worked for the church but it was more doing things with the women's groups and things like that.

JB: What was the women's group?

NM: They would meet like one night a month and they would have a meeting. I don't think they—I am trying to think if they had people come. They might have had people come talk. I know they had tea. They might have just had tea and talk. They might have had some guests come in and talk occasionally. Might have sometimes in the afternoon depending on which groups because some met in the day time and some in the evening. But it seems like at Rutland they had more couples groups. We had couples' club when we were in Princeton too. And it was more getting together for meals and it was like a potluck meal and things like that.

JB: That's so fun! Alright now we are going to move on and talk about health and family and stuff. So how have health issues impacted your life or those in your family?

NM: Health issues, I am pretty healthy right now I haven't had anything major other than—well I can go back to my major depressions after each death in my family. It started after my father died, and then my mother died, my brother died, then Herb died, my sister and her son died, my older brother's son died. It was with depression after the death of a family member and I had to work with psychiatrists, and therapists, and social workers to try and get out of that and get back into living again. I think that would be a mental and emotional upset and then it would settle down for a while until a major thing would happen and then I would fall back into another major depression but I'm in pretty stable place right now. Because I have gone through my sister and her son's death. We went out to California for those two funerals where the son died and then my sister died immediately right after so they ended up having the services right after each other at two different churches. Actually one was a church and one, the son's was in his backyard. He

lived on the water. But I came through that pretty well and I think it's the support of my kids that helped me get through that without falling into another major depression.

JB: Yeah that is great that you have that support system. That's huge. What were or what are your experiences in accessing quality and affordable health care?

NM: We have social security and we have a stipend coming from the VAs for Herb that came over to me after Herb died. So I am in pretty good shape. I had that money and my daughter Lisa manages my vanguard account. Both me and Herb tried to keep money away. So when I came here I think the idea was to transfer as much money as I could that was coming to me over to this vanguard. And she actually pays my monthly payment here. So affordable healthcare is awful! Beth with a husband with cancer and two kids in their twenties and they have to find a way to survive. Linda has a husband and three kids, but the oldest is settled with a husband who's in good shape but I don't know what their healthcare is. But most of them are just paycheck to paycheck. And they are trying to figure out because they are on—what is it called, MassHealth?

JB: Yes, MassHealth.

NM: Yeah, I think that's what they are on. Beth has just applied for VA help for her husband to see if they can get some financial help for him because there is a tremendous amount of bills coming in for his treatment.

LJ: Yeah I can imagine.

JB: Wow, yeah, it's definitely different for each family.

NM: Yeah it's really tough. I mean I think there are a lot of people who are not buying any health insurance and I think everybody has a right to be healthy if they can be and have some form of insurance.

JB: Absolutely. So, based on your life experiences, how would you define success?

NM: Success for myself?

JB: Yes.

NM: [pause] Well, when I am walking or swimming or when I am going down the stairs or when I can't get to sleep, I have a set of words that I go through. It's, "I am" and then it is six or eight terms. So, it is like, "I am good," is my first word, "I am kind, I am loving, I am caring, I am happy, I am healthy, I am patient, I am peaceful." And I just go back over those over and over again. And they help me get through the day.

JB: That's lovely.

NM: I'll find myself randomly, when I usually ride the elevator up to the sixth floor and then I usually walk down and think it all the way downstairs.

LJ: That's awesome.

JB: Yeah that's great. What advice would you give to women of today and to future generations?

NM: [pause] Be themselves. And be kind and caring.

JB: Those are very important for today's youth for sure. And since we are working to tell a full story of the history of women, is there anything you want us to include that we haven't mentioned?

NM: I think we pretty much covered me [laughs]. I am trying to think and I can't think of anything. I mean I think I was a happy growing up, I think I was always active and I was always willing to help out if someone had a need. So, I can't really think of anything else other than its just fun to meet with you and talk with you.

JB: Yeah, it was so interesting to learn about you.

NM: I could turn the sides back on you (laughs) and ask you the same questions.

JB: [Laughs] Thank you so much. It was great to learn more and very insightful too.

NM: Yes, it was fun.

LJ: It was so nice meeting you.

NM: It was pleasant, thank you.